IFG Primary

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Beef Bolognese with Pasta	Ham and Cheese Pizza with Baked Wedges	Cottage Pie Seasonal vegetables	BBQ Chicken Breast and Baked Wedges	Fish and Chips
Vegetarian Main Meal	Baked Veggie Nuggets, Tortilla Twister	Roasted Vegetable Lasagne	Quorn cottage pie Seasonal vegetables	Margherita Pizza and Baked Wedges	Roasted Pepper and Tomato Quiche with Chips
Vegetables	Broccoli	Sweetcorn	Steamed Seasonal Vegetables	Garden Peas and Carrots	Baked Beans
Jacket potatoes	Baked Beans, Tuna Mayo or Cheese	Baked Beans, Tuna Mayo or Cheese	Baked Beans, Tuna Mayo or Cheese	Baked Beans, Tuna Mayo or Cheese	Baked Beans, Tuna Mayo or Cheese
Pudding	Blueberry Yoghurt Fool	Pineapple Upside down Cake with Custard	Orange Mandarin Jelly	Apple and Pear Crumble and Custard	Fruity Cookie
Sandwich / Baguette	Ham Roll - Cheddar Cheese Roll	Tuna and Sweetcorn Sandwich - or Chicken Roll	Cream Cheese & Cucumber Wrap - Ham Sandwich	Tuna and Cucumber Sandwich - Cheddar Cheese Roll	Chicken & Sweetcorn Mayo Wrap - or Cream Cheese Roll