



**Fairfields**  
PRIMARY SCHOOL

## Knowledge Organiser

# Superheroes



## Year 1 - Autumn Term 1

Intergalactic greetings, young heroes. It's time to rescue the planet from evil villains. Who's your favourite superhero? Spiderman? Wonder Woman? Maybe your heroes are ordinary people who've achieved great things. Or is it those people who save lives in our emergency services that you admire most? Superheroes have super senses. Use yours to identify mystery items by their smell, taste, sound and touch. What do true superheroes eat to keep their senses and special powers sharp? Can we stop the dastardly plans of Professor Slime? He's dropping his villainous instructions around town. We must stop people following them, but can we make it in time? Is that phone box free? Please excuse me - I have to save the world.

## Key Vocabulary

<b>admire</b>	To respect and look up to someone or something.
<b>emergency service</b>	Groups of people who deal with accidents and problems, such as illness, fire and crime. The fire service, police, ambulance service and coastguard are emergency services.
<b>equal rights</b>	The fair treatment of everyone.
<b>hero</b>	A person who is admired because they are strong, brave or have other good qualities.
<b>heroine</b>	A woman who is admired because she is strong, brave or has other good qualities.
<b>online</b>	Connected to the internet.
<b>power</b>	A special ability or skill.
<b>slave</b>	A person who is owned or controlled by someone else.
<b>vitamins and minerals</b>	Natural substances that are found in foods and are important for the growth and health of the body.

## Knowledge that will help me on my journey:

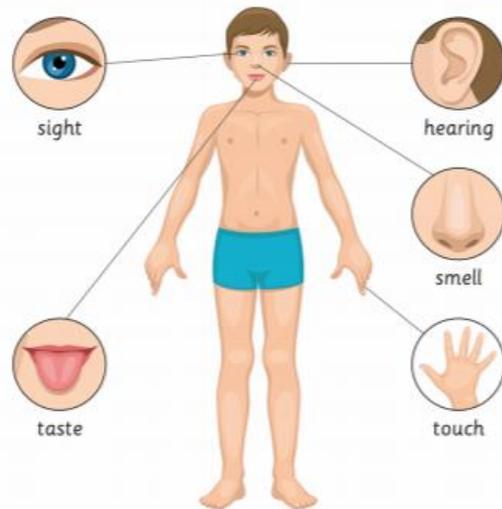
### My super self

#### Super bodies

Human bodies are made up of bones and muscles that work together to help the body move. The main parts of the body are the arms, legs, head, nose, hands, feet, eyes, ears and mouth.

#### Super senses

People have five different senses. They are hearing, smell, sight, taste and touch. The ears are used to hear. The nose is used to smell. The eyes are used to see. The tongue is used to taste. The skin is used to touch. These senses help people in everyday life. The senses send messages to the brain to help us understand the world.



## Knowledge that will help me on my journey:

### Historical heroes

Many people in history have been real-life superheroes.



**Rosa Parks** stood for equal rights for everyone.



**Elizabeth Fry** helped poor and sick people.



**Thomas Fowell Buxton** worked to improve prison conditions and ban slavery.



**David Livingstone** wanted to free people from slavery.

### Superfoods

Some foods help the body to grow strong and stay fit and well. These foods are sometimes called superfoods. They contain vitamins and minerals that help the body.

**Vitamin A** helps the body to fight infections. Carrots contain vitamin A.



**Vitamin C** keeps the skin, blood and bones healthy. Peppers and oranges contain vitamin C.



**Potassium** keeps the blood and heart healthy. Bananas are a good source of potassium.



**Fibre** keeps the stomach and intestines healthy. Blueberries and nuts contain lots of fibre.



What I'd like to learn...

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The end of our journey...

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<b>As a Scientist, by the end of our ILP, I will know that;</b>	<b>Date</b>
The basic body parts are the head, arms, legs, nose, eyes, ears, mouth, hands and feet.	
The five senses are hearing, sight, smell, taste and touch. Ears are used for hearing, eyes are used to see, the nose is used to smell, the tongue is used to taste and the skin gives the sense of touch.	
<b>As a computer programmer, by the end of our ILP, I will know that;</b>	<b>Date</b>
Software is the programs that are used by a computer, such as word processing, software, presentation software or image editing software. It can be used to create and combine digital content for different audiences and purposes.	
Data can be collected manually or using digital technology, such as data loggers. It can be represented in different electronic forms, including charts and tables.	
Private information includes names, addresses, dates of birth or schools and this information should not be shared online. Any concerns or worries should be reported to a trusted adult.	
<b>As a designer, by the end of our ILP, I will know that;</b>	<b>Date</b>
Design criteria are the explicit goals that a project must achieve.	
Fruits and vegetables are an important part of a healthy diet. It is recommended that people eat at least 5 portions of fruit and vegetables every day.	
<b>As an historian, by the end of our ILP, I will know that;</b>	<b>Date</b>
Identifying similarities and differences helps us to make comparisons between life now and in the past.	
A person who is historically significant has made big changes in their lifetime, has been a good or bad role model, were known in their lifetime, made people's lives better or worse or changed the way people think.	
<b>As an artist, by the end of our ILP, I will know that;</b>	<b>Date</b>
Malleable materials include rigid and soft materials such as clay, plasticine and salt dough.	
A human face includes features such as eyes, nose, mouth, forehead, eyebrows and cheeks.	
<b>As a person who cares about myself and others, by the end of our ILP, I will know that;</b>	<b>Date</b>
Special people include anyone important in a person's life. It could be parents, grandparents, brothers, sisters, friends or teachers. People can be special for providing love, security and stability and have a special place in someone's life for many reasons. All people should be treated with love and respect, including love and respect for themselves.	
Contributing to the life of the class and school could include joining a club or school team, taking part in a concert or play, volunteering as a play time buddy or classroom helper and following the class and school rules.	
It is important to get along with other people. Listening to other peoples points of view and compromising are essential skills in working and playing cooperatively.	

