Fairfields
PRIMARY SCHOOL

Apollo Avenue, Fairfields, Milton Keynes, MK11 4BA
01908 410330, enquiries@fairfieldsprimary.co.uk
Headteacher: Mr Shotton
www.fairfieldsprimary.co.uk

Dear Parent/Carer,

It is this time of year where lots of children and adults have colds, coughs and sneezes and unfortunately COVID 19 is still present.

Fairfield's Primary School are following the guidance from the government which is set below.

If a child develops any of the symptoms below whilst at school, your child will be monitored for 30 minutes in the isolation room - this is the first aid room adjoining to the school office. We will monitor coughing throughout the 30 minutes and take 3 temperature readings on the head, neck and back, this will happen 3 times in the 30 minutes to monitor any changes in temperature.

After the 30 minutes if the temperature is above 38°C or your child is hot to touch, has a cough or has said they have had a change in taste or smell, we will call home for your child to be collected and request a PCR test is carried out. When your child is collected, we will hand you a slip with the information obtained whilst they have been in the isolation room.ie the temperatures, how many times they have coughed or what they have eaten and said it tastes/smells like.

We are asking for your support in also following the advice from the government to keep the school running as normal as possible for the children, staff and parents, At the moment 'bubbles' are not needed to be used in schools however, we do have contingency plans in case it becomes necessary to reintroduce 'bubbles' for a temporary period, to reduce mixing between groups and reduce the risk of the virus being spread.

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Advice from the Government

When to self-isolate

Self-isolate straight away and get a PCR test (a test that is sent to the lab) on GOV.UK as soon as possible if you have any of these 3 symptoms of COVID-19, even if they are mild:

- a high temperature
- a new, continuous cough
- a loss or change to your sense of smell or taste

You should also self-isolate straight away if:

- you've tested positive for COVID-19 – this means you have the virus
- someone you live with has symptoms or tested positive (unless you are not required to self-isolate – check below if this applies to you)
- you've been told to self-isolate following contact with someone who tested positive – find out what to do if you're told to self-isolate by NHS Test and Trace or the NHS COVID-19 app

Information:
You may need to quarantine when you arrive in England from abroad. Check the quarantine rules when entering England on GOV.UK

When you do not need to self-isolate

If someone you live with has symptoms of COVID-19, or has tested positive for COVID-19, you will not need to self-isolate if any of the following apply:

- you're fully vaccinated – this means 14 days have passed since your final dose of a COVID-19 vaccine given by the NHS
- you're under 18 years, 6 months old
- you're taking part or have taken part in a COVID-19 vaccine trial
- you're not able to get vaccinated for medical reasons

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Even if you do not have symptoms, you should still:

- get a PCR test on GOV.UK to check if you have COVID-19
- follow advice on how to avoid catching and spreading COVID-19
- consider limiting contact with people who are at higher risk from COVID-19

Tell people you've been in close contact with that you have symptoms

Tell people you've been in close contact with in the past 48 hours that you might have COVID-19.

You should tell them to follow advice on how to avoid catching and spreading COVID-19.

They do not need to self-isolate unless they're contacted by the NHS Test and Trace service.

If they get any symptoms of COVID-19, they should self-isolate and get a test as soon as possible.

How to self-isolate

You must not leave your home if you're self-isolating.

Don't

- do not go to work, school or public places – work from home if you can
- do not go on public transport or use taxis
- do not go out to get food and medicine – order it online or by phone, or ask someone to bring it to your home
- do not have visitors in your home, including friends and family – except for people providing essential care
- do not go out to exercise – exercise at home or in your garden, if you have one

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How long to self-isolate

If you test positive, your self-isolation period includes the day your symptoms started (or the day you had the test, if you did not have symptoms) and the next 10 full days.

You may need to self-isolate for longer if you get symptoms while self-isolating or your symptoms do not go away.

Please contact the school if you have any queries at all, we will be happy help.

Thank you for your continued support.

Inspiring Futures Through Learning

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