

MEAT Choice
VEGETARIAN Choice
PASTA
JACKET POTATO
SANDWICH
VEGETABLES
DESSERT

MONDAY

Beef Pasta Bolognese (GL)
 Mac & Cheese (GL-MI-MU)
 Tomato & Vegetable Pasta (GL)
 Cheese, Beans or Tuna (MI-FI)
 Ham, Cheese & Tuna (GL-SO-MI-FI)
 Mixed Vegetables
 Sliced Fruit Wedges

TUESDAY

Ham & Pineapple Pizza (GL-MI)
 Margherita Pizza (GL-MI)
 Tomato & Vegetable Pasta (GL)
 Cheese, Beans or Tuna (MI-FI)
 Ham, Cheese & Tuna (GL-SO-MI-FI)
 Mixed Vegetables
 Apple Flapjack (GL) or Fresh Fruit

WEDNESDAY

Roast Chicken with Potatoes & Gravy (CE-SU)
 Vegetable Hot Pot with Potatoes (GL-CE-SU)
 Tomato & Vegetable Pasta (GL)
 Cheese, Beans or Tuna (MI-FI)
 Ham, Cheese & Tuna (GL-SO-MI-FI)
 Mixed Vegetables
 Vegan Fruit Jelly or Fresh Fruit

THURSDAY

Chicken Curry with Rice
 Vegetable Pie (GL-CE-SU)
 Tomato & Vegetable Pasta (GL)
 Cheese, Beans or Tuna (MI-FI)
 Ham, Cheese & Tuna (GL-SO-MI-FI)
 Mixed Vegetables
 Sprinkle Cake (GL) or Fresh Fruit

FRIDAY

Fish Fingers with Chips & Tomato Sauce (GL-FI)
 Vegan Sausage with Chips & Tomato Sauce (SO)
 Tomato & Vegetable Pasta (GL)
 Cheese, Beans or Tuna (MI-FI)
 Ham, Cheese & Tuna (GL-SO-MI-FI)
 Mixed Vegetables
 Ice Cream (MI) or Fresh Fruit



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BREAD CONTAINS - GL - MI - EG - SO



ALLERGY KEY
 CELERY - CE / GLUTEN - GL / CRUSTACEANS - CR / EGGS - EG / FISH - FI / LUPIN - LU / MILK - MI / MOLLUSCS - MO / MUSTARD - MU / NUTS - NU / PEANUTS - PE / SESAME SEEDS - SE SOYA - SO / SULPHUR - SU



FRESH FRUIT AVAILABLE EVERY DAY
FRESH BREAD AVAILABLE EVERY DAY
SALAD BAR AVAILABLE EVERY DAY



The Pantry are committed to improving the standards of children's meals across every one of our Schools, and fresh, ethically sourced ingredients are used every day across our kitchens.

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Beef Chilli with Rice (GL)

Chicken & Sweetcorn Pizza (GL-MI)

Roast Gammon with Potatoes & Gravy (CE-SU)

Chicken Pie (GL-CE-SU)

Fish Fingers with Chips & Tomato Sauce (GL-FI)

Vegetable & Bean Chilli with Rice

Margherita Pizza (GL-MI)

Vegetable & Potato Pie with Gravy (CE-SU)

Vegetable Curry with Rice

Vegetable Omelette with Chips & Tomato Sauce (EG-MI)

Tomato & Vegetable Pasta (GL)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Salmon (MI-FI)

Ham, Cheese & Tuna (GL-SO-MI-FI)

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Sliced Fruit Wedges

Oaty Cookie (GL) or Fresh Fruit

Vegan Fruit Jelly or Fresh Fruit

Sweet Potato Brownie (GL) or Fresh Fruit

Ice Cream (MI) or Fresh Fruit



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Fish Fingers with Chips & Tomato Sauce (GL-FI)	Beef Lasagne (GL-MI-EG)	Roast Turkey with Potatoes & Gravy (CE-SU)	Chicken & Mixed Pepper Pizza (GL-MI)	Sweet Potato Topped Cottage Pie (GL-CE-SU)
Falafel with Chips & Tomato Sauce (GL)	Veggie Lasagne (GL-MI-EG)	Vegetable Parcel with Gravy (GL-CE-SU)	Margherita Pizza (GL-MI)	Sweet Potato Topped Vegetable Cottage Pie (GL-CE-SU)
Tomato & Vegetable Pasta (GL)	Tomato & Vegetable Pasta (GL)	Tomato & Vegetable Pasta (GL)	Tomato & Vegetable Pasta (GL)	Tomato & Vegetable Pasta (GL)
Cheese, Beans or Tuna (MI-FI)	Cheese, Beans or Tuna (MI-FI)	Cheese, Beans or Tuna (MI-FI)	Cheese, Beans or Tuna (MI-FI)	Cheese, Beans or Tuna (MI-FI)
Ham, Cheese & Tuna (GL-SO-MI-FI)	Ham, Cheese & Tuna (GL-SO-MI-FI)	Ham, Cheese & Tuna (GL-SO-MI-FI)	Ham, Cheese & Tuna (GL-SO-MI-FI)	Ham, Cheese & Tuna (GL-SO-MI-FI)
Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables
Ice Cream (MI) or Fresh Fruit	Banana Cake (GL) or Fresh Fruit	Vegan Fruit Jelly or Fresh Fruit	Home Baked Cookie (GL) or Fresh Fruit	Sliced Fruit Wedges



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